



MY MIGHTY MIND

THINKING TIPS
FOR HAPPY KIDS



www.mymightymind.co.uk

Are you changing school in September and starting to feel a bit nervous about the change?

Good News – you are not alone – and help is at hand!!



Get your Mighty MINDset for Year 7

Worry

Monday 13th July 5 – 5.45pm

Friendships

Wednesday 15th July 5 – 5.45pm

Confidence

Tuesday September 2nd 5 – 5.45pm

Sign up at:-
<http://mymightymind.co.uk/register/>