



MIGHTY MINDSETS

THINKING TIPS FOR HAPPY KIDS



ENRICHMENT FOR PARK HOUSE YR7'S TIPS, TRICKS AND FUNNY BITS TO WORK OUT HOW TO TAKE CHARGE OF YOUR MIGHTY MIND

WHERE YOU LEARN ABOUT COOL BUT IMPORTANT
STUFF LIKE BELIEVING IN YOURSELF, HOW TO BE
CONFIDENT, HAPPY FRIENDSHIPS, CALMING DOWN
TRICKS, BEATING WORRY AND TRICKY EMOTIONS

£8 PER
CLASS

WARNING!!

BOREDOM FREE ZONE

**DON'T COME IF YOU DON'T
ENJOY YOUTUBE VIDEOS,
QUIZ'S, GAMES AND
GROUP CHAT**

REGISTER AT

www.mymightymind.co.uk/register/

OR WANT TO KNOW MORE?

GET IN TOUCH AT

mymightymind@hotmail.com or

www.mymightymind.co.uk